

# The List.

List It. Live It. Love It.

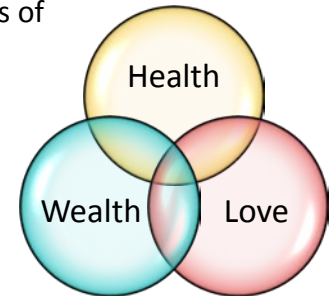
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## Our 2017 Favorite Reads & Resources

We have a few favorites that keep us thinking and fueling our dreams! We like to focus our learning plan around our key highlights of Health, Wealth and Love – with lots of sprinkles of FUN!

We recommend one at a time to get a sense of what speaks to you – there are so many amazing reads out there – grab the ones that speak to you and fuel your dreams!!

Books, magazines and blogs have always been a lifeline to dreaming bigger. During our TLC Workshops we share our story of how books were key to fueling the dream of trekking to Mnt. Everest!



### Books

- The Charge by Brendon Burchard
- The Desire Map by Danielle LaPorte
- Harry Potter Series – *read w/ my nieces!*

### Magazines

- Harvard Business Review
- Afar
- Magnolia Journal

### Blogs We Subscribe To

- Tim Ferris for “5 Bullet Friday”
- Dave Ramsey for the “Dave Ramsey Show”
- Food Matters TV

### Favorite Apps

- Fitbit
- Pinterest
- Five Minute Journal

We would love to hear your favorites and how reading helped you dream bigger – please share!

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