

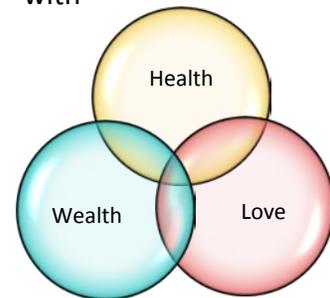
The List.

List It. Live It. Love It.

The Fun List

We have a few ideas and things that keep us thinking and fueling our dreams. We like to focus our activities around our key highlights of Health, Wealth and Love – with sprinkles of FUN!

This is NOT a comprehensive list – it's a silly list of random things you could choose to do, if they sound like fun to you. Cruise through these 57 items and see if anything speaks to you.



What happens when you try something new? The possibilities are endless....you meet life changing people on your adventure, you learn something new that you love and want to learn more about, you discover that you are really awesome at this one thing and off you go – living your dream life!

Share your stories – it inspires us step to be brave, bold and adventurous!

1. Go to movies on a weeknight!!
2. Try a new restaurant
3. Go walk outside
4. Go swim!!
5. Call the nieces and have a silly conversation
6. Download and read a new book
7. Day dream
8. Pull weeds for 30 minutes!!
9. Send a card to a friend
10. Stay off the internet
11. Try a new recipe
12. Paint a wall
13. Clean one closet, cabinet or drawer (set time 20 min max!!)
14. Schedule a weekend away
15. Drive to the beach or the mountains
16. Go bowling, go to the arcade, chill out!
17. Listen to music 
18. Get a massage or go to acupuncture
19. Sit in the foot spa
20. Check out community events and go to one
21. Go get a mani and pedi

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23. Plant some flowers 
24. Take your dog or the neighbor's dog for a walk!
25. Play with the cat! 
26. Go to a networking event but ONLY if it sounds like FUN!
27. Go sit at a coffee shop; try a new beverage, people watch, read a paper or magazine for FUN (not business, unless that sounds like fun!!)
28. Schedule tea time with the girls! 
29. Schedule a date night each week - get out of the house and go have some fun!
30. Get a world travel/architecture/art book and tag the places you want to go - fuel the dreams!
31. Set an hour a day/week/month to work on a long term goal/items on your LIFE LIST!!
32. Try to rollerblade/skateboard/roller shoes/roller-skates
33. Go to the driving range! Take Golf Lessons
34. Ride a bike - maybe get a 2 seater so you can ride together ❤️
35. Go play TENNIS
36. Take a new class at the GYM!
37. Go sit in the sauna
38. Volunteer
39. Go the library
40. Walk in the woods - hunt for deer sheds
41. People watch
42. Go to a concert
43. Go to a sporting event like hockey
44. Go play paintball
45. Make a treat for someone that fixes your car, cuts your hair or provides a service for you
46. Help a neighbor - mow their lawn, put their garbage cans away for them, help them carry in groceries
47. Plant flowers for a neighbor
48. Text a friend to say hi
49. Text a family member to tell them you love them
50. Meditate
51. Go to YOGA
52. Read a Travel book
53. Learn something new: how to knit, something about plants, trees or wildlife
54. Read an autobiography
55. Paint a picture or a rock
56. Take a nap and refresh
57. Soak in the tub and don't forget the Epson salts and bubbles

We would love to hear what you liked on this list and what you may have added – please share!

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